

Social Distancing While Playing Disc Golf



Much is still unknown about COVID-19 but it's clear that this is an aggressively contagious virus. While state-based restrictions are being lifted across the country in the coming months, it will be some time until we can relax our vigilance about this disease. Disc Golf must be played in Australia under the following conditions.

No gathering (Get in – play- get out)

Communication that was previously done in a gathering of players, needs to be passed on another way. Players meetings and award ceremonies can be conducted online. Information can be provided in written or video format via social media and email.

No touching

High fives, fist bumps, bum taps, bro & sis hugs and even ye-olde fashioned handshake were all a big part of the disc golf experience, and we'll miss them. But for the time being they cannot be part of how we play the game.

No Sharing

You will have to be prepared to play disc golf more self-sufficiently than you did in the past. This means no shared water bottles or food, no provided water on the course and no catered lunches. It also means no loaning and borrowing discs, bags, minis, pencils, towels, bags or any other equipment. You also need to bring your own hand sanitiser and use it regularly throughout the round.

OK Some Sharing

We have to share baskets of course but we minimise this risk by touching only our disc and none of the metal when we are retrieving it. We may also be sharing some public ablutions; we manage this risk by making use of hand sanitiser.

Keep your distance

1.5m minimum, always. This is easy to do on the fairway but pay special attention to this around the tee-pad. Let the thrower exit the tee box after their throw before you enter it.